

# Forty Mile Community Resource Centre

March 2011

## OUR SERVICES ~ About Us

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We are an information desk for residents of the County of Forty Mile, ages 15-65. Here we provide career development and employment services and resources.

There are two locations serving the Forty Mile area. We have one in Foremost, located at 119 main St. Across from the banks. The other is located in Bow Island at 116 North Railway Ave West, located two doors down from the post office. Hours of operation at the Foremost location are: Monday through Thursday 10:00am until 4:45pm. Hours of operation at the Bow Island location are: Monday through Wednesday and Fridays, 10:00am until 5:00pm. Thursdays from 1:00pm until 8:00pm.

**No appointments are necessary at either locations.**

**Government of Alberta** ■  
Employment and Immigration

Our Foremost location is equipped with 6 computers and our Bow Island location has 8 computers. All computers are internet compatible. The Bow Island location also has a family youth centre to accommodate youths ages 11 and up with activities such as ping pong, x-box, pool and air hockey. On Thursday evenings, the Bow Island centre is open late with planned youth activities such as craft nights, movies, tournaments and more.

Both centres offer **FREE AND CONFIDENTIAL SERVICES.**

We provide the following FREE & CONFIDENTIAL services onsite: Local Job Board, Computers with Internet Access, Prepare and Fax Resumes, Cover Letters & Portfolios. We have a Resource Library for: Jobs, Schooling, Self Improvement, Government Forms,

Portfolios, Apprenticeships, Self-Employment Business Plans, Driver Test Preparation, and EI and SIN applications. For local Businesses we offer site recruitment and training Information, Workplace Safety and Employment Standards and Summer Student Employment Funding Information.

### Are you a business who needs help?

At the Forty Mile Community Resource Centre, we're here to help and can offer to host your hiring personnel for onsite interviews to applicants along with advertising your business. In addition to the above service we can offer workshops on information about job safety practices, labour laws, and have a resource library on various labour related items.

## POST SECONDARY & CONTINUING STUDIES

**Attention 2011 Grads!!** Many scholarship deadlines are quickly approaching so if you would like a little bit of help in the following college or university year, stop by and check out the **FREE \$\$\$** you could be losing out on! You'd be surprised about some of the scholarships out there. Both of our locations have a resource library for Post Secondary

Schooling and Funding, which include forms for student loans and application information for Scholarships and Bursaries.

College and University course calendars, either online or hard-copy. Apprenticeship information is also available, as well as a local job board if you are

interested in looking for a summer job. YES EVEN THOUGH THERE IS STILL SNOW OUTSIDE, our local job board is starting to fill up with available Summer Positions.

Community  
Resource  
Centre



116 north railway Ave West  
403-545-6222

Www.40milecrrc.ca

Canada ■ Government of Alberta ■

The Province of Alberta is working in partnership with the Government of Canada to provide employment support programs and services.

F.C.S.S. FAMILY MOVIE NIGHT

Details will follow.....



Seniors and low income persons wanting more assistance with filing Income Tax, may call F.C.S.S. to book an Appointment.

403-545-2200

CAREER CRUISING

Not sure what you want to be when you grow up? Not sure about your career choice? Want to know which courses to take? Do you want to know if you'll enjoy the job or can live off of the pay? If you've answered yes to any of the above questions, than stop on by and try career cruising, and build a career portfolio.



- \*8 computers with FREE internet\*
\*Job Board\* \*SIN Forms\* \*Fax\*
\*Resource Library\*
\*Free & Confidential Service\*

Tourism Futures puts Focus on Assisting South East Alberta's Tourism Businesses

Tourism is one of the fastest growing economic generators in the world today, with Alberta alone bringing in almost \$6 billion annually. Tourism Futures works with rural and urban tourism focused companies, assisting them in attracting tourists to the region by building on the natural wonders that SE Alberta has to offer.

With almost twenty five years of expertise in business development and a network of contacts, Tourism Futures is a government sponsored one-stop shop for "entre-tourism" - a new concept traditionally referred to as tourism entrepreneurial support.

Tourism Futures offers clients incubator services, as well as a targeted array of business resources, training, hands-on assistance, information sharing, coaching, mentoring and access to networks designed to accelerate the successful development of entrepreneurial tourism companies in the region.

Entrepreneurs will have access to training and resources on varied topics ranging from business planning, financing, product development, e-business, marketing, book-keeping, organizational training and human resource management.

Tourism Futures is funded through the Canadian Badlands Ltd., Rural Alberta Development Fund and the City of Medicine Hat and operated through Community Futures Entre-Corp Business Development in partnership with Medicine Hat College.

www.tourismfutures.ca

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VIRTUES PROJECT INTERNATIONAL

The vision of the virtues project is to serve humanity by supporting the moral and spiritual development of people of all cultures. Our mission is to provide empowering strategies and programs of excellence and simplicity to inspire the practice of virtues in everyday life.

The virtues project offers a wide variety of programmes and materials for individuals seeking to deepen their spiritual practices, parents raising morally responsible children, schools creating a culture of character, organizations enhancing corporate spirit, and for the development of safe and caring communities.

Honour -is living with a sense of respect for what you believe is right. It is living by the virtues, showing great respect for yourself, other people, and others the rules you live by. When you are honourable, you don't have to feel ashamed of who you are or what you are doing.

-Virtues Project International.

You are practicing Honour when you.....
\*Keep your word
\*Set a good example for others

